



Candidate for the Office of APhA-ASP National Member-at-large

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GOAL STATEMENT

Student pharmacists are being asked to solve some of the worst health crises in recent history. We need to **rise up and influence** to create change. This can be done using the following goals:

- 1. Innovation** – I want to use our network of student pharmacists to the Academy's advantage and conduct an innovator's challenge to help mobilize those ideas into reality.
- 2. Strategy** – Each chapter has the capacity to increase the people reached through our patient care operations. I want us to search for places where we have not yet served before. For example, the communities who work from 7am to 7pm and do not attend our events might benefit from late-night health screenings in a safe community center.
- 3. Connection** – I want to promote connectivity within the academy by assessing the needs of our members and highlighting the resources available to meet those needs (ex: networking, special interest groups etc.).

The APhA Academy of Student Pharmacists provides countless ways for students to grow and flourish into competent practitioners. Each facet of the academy is designed to help us be the best and serve our local community. Join me on the quest to rise up and influence through pharmacy.

BACKGROUND & EXPERIENCE

I had the immense privilege to serve as the **Regional Member-at-Large for Region 4**. I met many amazing members who have become close friends and co-leaders. I spent the year supporting each chapter by being a source of answers and connections to other like-minded members. I was also able to pilot the first ever "President's Unite" event to test whether webinars are useful to support our local chapters. The presidents who were part of the pilot thoroughly enjoyed it and recommended it for future outreaches.

Locally, I have had the joy of leading the Cedarville University School of Pharmacy's APhA-ASP chapter as **Chapter President**. I have learned how a united team with a shared vision can achieve so much more than one individual. We set out at the start of the year with the national theme: "Begin your Legacy". Each leader was challenged to make this slogan a personal leadership development goal by organizing legacy building events in their specific area of interest. Most of them will accomplish this before the end of the year. Together, we have created effective patient care events, valuable professionalism events, and themed chapter meetings! Check out our Facebook page to see some of the fun we had last year.

I have also served as a **chapter IPSF Committee Member**. I founded a brand-new diversity celebration in our chapter. Student were encouraged to dress up in their national outfits and cook food native to their culture. We asked students to report on the current practice of pharmacy in their home countries. We also conducted trivia quizzes about health facts from around the globe. This event has grown and become an eagerly anticipated event in our school with great food, valuable education and fun games.

I was inducted as the Ohio Pharmacist Association **Student Trustee** for my chapter. During my tenure, I founded the first ever legislative simulation event called "Bills, Bills, Bills". Students were assigned to the Senate and House of Representatives to create and approve a mock bill. This meeting was very effective because we saw an increased involvement of first time attendees at our local legislative days. The event is being held again this year because it was so well received by the chapter.

I worked on the Student Affairs Committee as an appointed **Student Representative** for a two-year term. This committee met to address student-related issues and aid the faculty in making changes toward success. I was part of the sub-committee that assisted in meetings to help accredit Cedarville University School of Pharmacy. I took part in ACPE discussions and contributed to the wording of my school's bylaws.

PHILSOPHIES ON APhA & APhA-ASP

The aim of APhA-ASP is to welcome student pharmacists and help them become mature, professional and legislatively-involved leaders. Through promoting legislative days and Capitol Hill visits, the Association encourages students to start advocating early. I vividly remember my first hill visit, walking with a lot of trepidation into my representative's office along with other student pharmacists. I was amazed at how receptive the staff were to our stories and talking points. I realized with gratefulness that the academy had facilitated a meeting to show that we, as students, had a voice and the power to influence the game changers of policy.

APhA-ASP's heartbeat is patient care, helping student pharmacists practice their new professional skills. The operations also help chapters create priceless connections with the local community. Our Patient Care Operations create trust so that people all over the country believe that pharmacists can be part of the healthcare provider team. My chapter has made meaningful relationships with local schools, pharmacies, homeless shelters and many other community centers because of these initiatives. APhA-ASP provides the resources and structure to create these relationships.

The academy promotes professionalism through hosting conferences, competitions and online learning. Student pharmacists across the nation have been given the opportunity to grow professionally in APhA-ASP from the time they begin pharmacy school through graduation. Conferences provide a crash course on networking and professionalism. I remember meeting residency directors who wanted to know what a first-year student was doing at APhA Annual Meeting. I responded that I was here to meet people like them! The competitions create a fun atmosphere to show off our skills, both pharmacy and non-pharmacy related. The live and virtual learning opportunities are cutting edge and properly equip students for their future pharmacy careers.

Lastly, APhA-ASP provides a platform for members to be innovative. Students are encouraged to run for leadership positions and create fun campaigns. The Patient Care Operations give opportunities for members to create novel health outreaches. The networking opportunities also provide an opportunity for great minds to connect. Through these avenues, students can help shape the future of pharmacy.

SPECIALIZED TALENTS & SKILLS

I am a very **people-oriented leader**. Interacting with student pharmacists with leadership potential energizes me. Along with my residential responsibilities in my chapter, I decided to mentor two students within the school. The large-scale mentorship of the chapter and small-scale mentorship of the two students create valuable avenues of influence. As a regional officer, I was able to also provide opportunities for other chapters to know each other better through social media initiatives. I want to use this skill to be the voice for each chapter and then to create personal connections with as many people as I can.

Having a **visionary outlook** as a leader is very important. I enjoy looking for ways to create new events and new solutions to old problems. As discussed previously, many new programs and events have been initiated during my leadership tenure. I want to use this skill to help students who have that same innovative itch to be the entrepreneurs and reformers of the future.

Lastly, I love **using power of speech to compel people to action**. I love watching the faces of inspired audience members as they hear about a new idea. Language can be a powerful tool to motivate change. I have used the power of public speaking to inspire students sitting in a classroom to see in their mind's eye, the promise of a fulfilled future of pharmacy. People have joined election campaigns, patient care events and even bake sales after some of my talks! I intend to use this skill at every student outreach visit to encourage and fire up the pharmacists of tomorrow.