



Candidate for the Office of APhA-ASP National Member-at-large

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GOAL STATEMENT

My goal as your APhA-ASP National Member-at-large is to promote Awareness, Collaboration, and Transparency so that we, together as an Academy, can ACT to change the profession, our communities, and the lives of thousands of student pharmacists.

I am thankful for the endless opportunities and resources that APhA-ASP has to offer, but I want to ensure that all student pharmacists have access to these life-changing experiences. Through enhanced awareness and accessibility, we will change the lives of those around us.

As student pharmacists, we are all working to advance patient care and the profession, but the collective voice of 34,000 is far stronger than the voice of one alone. We must work to collaborate more with one another, other pharmacy organizations, and other professions so that we maximize the impact we make as an Academy.

Lastly, we must promote communication and transparency through a platform that allows the voices of student pharmacists from all across the country to be heard and felt. Through increased transparency, I want to foster an environment in which student pharmacists have easier access to the National Executive Committee. This will allow us to grow as student pharmacists, as an Academy, and as a profession.

BACKGROUND & EXPERIENCE

As a first-year student pharmacist, I had the opportunity to serve as the **APhA-ASP Interim Membership Vice President**. My primary duty was to oversee the Spring Membership Drive. After establishing our first ever Membership Committee, I led the most successful Spring Membership Drive in recent chapter history. We successfully increased membership renewal of our third-year student pharmacists by 392% through a variety of innovative strategies, including free one-on-one CV reviews for renewed members, a “buddy contact” system, and social media campaigns.

I then served as the **APhA-ASP Patient Care Vice President-elect** from 2016-2017. I assisted in the planning and execution of several patient care projects, but one of my proudest moments was revamping our annual American Heart Month health fair. It included collaborations with over 30 community organizations and many new health screenings, including dental screenings in a Colgate mobile dental van as well as HIV, hepatitis C, and oral cancer screenings. Our efforts resulted in interviews with two local news stations and a ten-fold increase in patient attendance.

Later that same year, I was inspired by many to run for **APhA-ASP Region 2 Regional Member-at-large**. Through my work in collaboration with the National Standing Committee on Communications, I loved having the opportunity to highlight the remarkable work our student pharmacists are doing to advance patient care and the profession of pharmacy. Engaging with student pharmacists on a regional level was a phenomenal experience and motivated me to pursue the role of National Member-at-large because it will allow me to expand further on this work of connecting everyone together as a collective voice.

As the current **APhA-ASP Patient Care Vice President**, I assist in overseeing and supporting 26 patient care chairs and co-chairs on both of our campuses while working to develop and implement innovative patient care projects, such as our first-ever upcoming Multicultural Festival & Health Fair. One of my other priorities in this role is to promote collaboration with other schools, professions, and community organizations.

APhA Academy of Student Pharmacists Leadership Experience

- APhA-ASP Patient Care Vice President (2017 – present)
- APhA-ASP Region 2 Regional Member-at-large (2016 – 2017)
- APhA-ASP Patient Care Vice President-elect (2016 – 2017)
- APhA-ASP Interim Membership Vice President (2016)

Other Leadership Experience

- Maryland Pharmacists Association (MPhA)
 - o Communications Committee Student Liaison (2016 – 2017)
- Kappa Psi Pharmaceutical Fraternity
 - o Sigma Chapter
 - Alumni Liaison (2016 – 2017)
 - Professionalism Committee Chair (2016 – 2017)
 - o Beta Xi Chapter
 - Alumni Chair (2010 – 2011, 2012 – 2013)
 - Fundraising Chair (2011 – 2012)
- Phi Lambda Sigma (PLS)
 - o Leadership Series Mentor (2015 – present)
- Student Section of the Maryland Public Health Association (SMdPHA)
 - o Webmaster (2016 – 2017)
- University of Maryland School of Pharmacy Student Government Association
 - o Class of 2019 Historian (2015 – 2016)

PHILSOPHIES ON APhA & APhA-ASP

Three years ago, I joined APhA-ASP because it simply seemed like the right thing to do. Looking back now, that single decision to join this organization was and always will be the best decision I have made as a student pharmacist because it has truly changed my life and trajectory as a future pharmacist.

Through APhA-ASP, I have strengthened my patient care skills and advanced patient care at numerous health fairs. I have lobbied on Capitol Hill during the Summer Leadership Institute and the Capitol Hill Health Fair. I have traveled to the United Kingdom to experience another type of healthcare system through the IPSF Student Exchange Program. I have grown as a leader through the many local and regional leadership opportunities. I have been inspired by the incredible impact that thousands of student pharmacists are having on their communities, the profession, and one another. These experiences, and others, were only made possible because I am a member of APhA and APhA-ASP.

APhA-ASP provides us with these experiences and opportunities to grow as student pharmacists so that we can become better pharmacists, leaders, and advocates for our profession. APhA-ASP is unique because we have the opportunity to work alongside other members of APhA to achieve a common goal and to shape the future of pharmacy. With over 60,000 practicing pharmacists, pharmaceutical scientists, student pharmacists, and pharmacy technicians as members, APhA is the collective voice of the profession and is fighting every day for the advancement of patient care and the profession of pharmacy.

APhA not only provides a platform for student pharmacists to have a collective voice, but it provides us the opportunity to develop incredible connections with one another. Through Midyear Regional Meetings, APhA Annual Meetings, and the Student Leadership Institute, we can easily come together as an Academy to build relationships and connect with one another from all parts of the country and all walks of life. The bonds that we form at these meetings help us immensely to grow as friends and as an organization so that we are more able to advocate for our collective vision.

I cannot imagine what my life would be like without the programs and activities of APhA and APhA-ASP. My journey as a member of APhA has been incredibly rewarding, has allowed me to grow both personally and professionally, and has provided me with the best family of student pharmacists from across the country. While this great organization has provided me and many others with so much, there are many student pharmacists who have not had the same access to APhA-ASP’s life-changing opportunities. As APhA-ASP National Member-at-large, I will work to ensure that every student pharmacist in our nation is able to fully benefit from the programs and activities of APhA and APhA-ASP.

SPECIALIZED TALENTS & SKILLS

Similar to many other student pharmacists, the UMSOP curriculum requires students to complete the StrengthsFinder assessment as part of our curriculum, and my top five strengths are:

1. Harmony
2. Consistency
3. Futuristic
4. Competition
5. Positivity

My #1 and #5 strengths, harmony and positivity, go hand-in-hand. I am a team-player who effectively brings people together by finding a common ground and promoting happiness in those around me. If elected your next APhA-ASP National Member-at-large, I will do everything in my power to fulfill the needs and desires of our student pharmacists while ensuring that your voice is heard.

The StrengthsFinder report assesses consistency based on the desire to treat everyone equally and fairly. As National Member-at-large, I want to ensure that all chapters – small, big, and everything in between – are recognized for their incredible hard work and efforts. I want to celebrate alongside chapters doing amazing things while serving as a source of encouragement and positivity to chapters who may be struggling with various initiatives.

As a futuristic individual, I frequently envision what could be an improved organization, profession, and world. I am constantly coming up with new ideas, and I would love a platform to share them with student pharmacists across the nation. Along with my many ideas, I thrive from others’ ideas and see immense value in collaboration. Last year’s presidential theme of “Together We Can” reminded me of the tremendous impact we can make as a collective voice of 34,000 student pharmacists. Let’s envision the future together as an Academy to advance our profession.

I am certainly a competitive person, particularly when it comes to college basketball (Go Heels!), but I am mostly an internal competitor. I am always pushing myself to be a better friend, leader, and student pharmacist. As a result, I am not one to settle for the easy way out and will push myself as National Member-at-large to overcome the challenges that our Academy, profession, and student pharmacists are facing today so that we can create a better tomorrow.

With an ESFJ personality type, I am a people person who loves building relationships with others. I hope to use my personality to foster more collaboration and more connections across the country so that we can make an even larger impact than we already have. My enthusiasm and passion for serving others, APhA-ASP, and the profession of pharmacy is unwavering, and I hope to have the opportunity to utilize these strengths and skills to represent the collective voice of student pharmacists across our nation.